



CANDIDATE PROFILE

Jennifer Stinson, Canada

Nursing - Pediatric Pain, Nurse Clinician Scientist and Nurse practitioner

Please provide a brief description of your work and interest in the pain field.

For over two decades, my professional work has been dedicated to improving the lives of children living with chronic pain and their families. I am a Full Professor at the University of Toronto and the inaugural Mary Jo Haddad Nursing Chair in Child Health at the Hospital for Sick Children (SickKids), where I also serve as Co-Director of the Pain Centre. In 1998, I co-founded the first dedicated chronic pain program at SickKids, which has since grown into the largest pediatric pain clinic in Canada. I am proud to lead the Pain in Child Health (PICH) research training program, which has trained >400 interdisciplinary learners and generated >700 publications. I am also the founding lead of Paediatric Project ECHO, a virtual mentorship program for interdisciplinary clinicians, which has grown into the largest pediatric pain-focused ECHO in the world.

In 2025, I was honoured to receive the Peter Gilgan Canada Gairdner Momentum Award for "international leadership in digital therapeutics and training initiatives focused on childhood illness-related pain assessment and self-management". I am the first nurse to ever receive this prize.

My commitment to the field is further demonstrated through my leadership in major Canadian and international knowledge mobilization networks, such as Solutions for Kids in Pain and the Chronic Pain Network. I am deeply passionate about bridging the gap between research and clinical practice to ensure that effective, evidence-based pain management is accessible to all pediatric populations around the globe.

Please provide a brief statement of why you are interested in running for Secretary—why would someone want to vote for you?

I am running for Secretary to bring my extensive governance experience and commitment to IASP's mission to the Executive Committee. As a current Scientific Councilor for IASP and former Secretary for the Canadian Pain Society, I possess a deep understanding of organizational leadership and record-keeping. I offer a unique clinical perspective as a Nurse Practitioner and Scientist dedicated to global inclusivity. My goal is to ensure operational transparency and foster strong communication between IASP leadership and its diverse global membership to advance pain research and care worldwide.

Leadership in Audit Oversight, Compliance, and Meeting Record Management: As Secretary, you're responsible for financial reporting integrity and meeting records. How will you lead the Audit Committee to ensure compliance, transparency, and ethical conduct in financial practices? Please provide examples of your experience in taking comprehensive minutes for organizations or committees, ensuring clarity and accuracy.

As Secretary, I will lead the Audit Committee in its critical role of monitoring annual financial statements and ensuring the integrity of financial reporting. I am prepared to oversee the review of audit scopes, approach, and fees, while confirming the independence of external auditors through pre-approval of non-audit services. My leadership will focus on ensuring that significant findings from external auditors are received and addressed promptly by management.

I have substantial experience managing meeting records and taking comprehensive minutes. During my four-year term as Secretary of the Canadian Pain Society (2005–2009), I was responsible for maintaining accurate organizational records and facilitating clear communication within the executive. Additionally, as leader of various high-level committees, including Chair of the IASP International Symposium on Pediatric Pain and Co-Director of

the SickKids Pain Centre, I have consistently ensured that complex discussions are distilled into clear, actionable records.

I understand that accurate minutes are essential for organizational memory and ethical accountability. I will bring this same precision to IASP, ensuring that all meeting records reflect the nuanced decision-making of the Executive Committee and Council while maintaining the highest standards of transparency and compliance with our by-laws.

Experience in Collaborative Decision Making: Can you provide examples of your experience working collaboratively within a committee or team to achieve common goals? How do you plan to foster collaboration among the Secretariat, Executive Committee, Council, and various committees within IASP ?

Collaboration is the cornerstone of my professional career. I have successfully led large, multi-disciplinary teams through roles such as Co-Principal Investigator for the Chronic Pain Network and as a lead for Solutions for Kids in Pain (SKIP), which involves 78 partners across sectors. Within IASP, I have worked collaboratively as a member of the Scientific Program Committee for several World Congresses and the Presidential Task Force on COVID-19 and Pain.

To foster collaboration among the Secretariat, Executive Committee, Council, and committees, I plan to leverage my experience in telementoring and virtual communities of practice, such as in my role as Founding Program Lead of Paediatric Project ECHO at SickKids. I will prioritize open communication channels and structured feedback loops, ensuring that diverse perspectives from IASP's Special Interest Groups (SIGs) and national chapters are integrated into executive discussions. My experience chairing consensus conferences on pediatric neuropathic pain and digital therapeutics demonstrates my ability to facilitate complex group decision-making to achieve common goals. As Secretary, I will act as a bridge between governing bodies, utilizing my skills in relationship management and interprofessional education to ensure that IASP remains a cohesive, unified voice for the global pain community.

Experience in Financial Oversight and Governance: The Executive Committee plays a crucial role in overseeing the financial management and governance of IASP. Can you describe your experience in financial oversight and governance, particularly in reviewing budgets, financial reports, and implementing financial policies? How will you contribute to ensuring the fiscal health and accountability of the association?

My experience in governance is extensive. I have served as a Scientific Councilor for IASP since 2020 and on various advisory boards, including the Institute of Musculoskeletal Health and Arthritis at CIHR. I held executive roles in the Canadian Pain Society and chaired several SickKids Hospital committees where I was responsible for oversight and policy implementation.

In terms of financial oversight, I have managed multi-million dollar research budgets and overseen large-scale network funding. As Secretary, I will chair the Audit Committee, working directly with the Treasurer to review annual financial statements and external auditor performance. I will ensure the association's fiscal health by inquiring into significant reporting issues and confirming that internal control recommendations, such as the whistleblower policy, are implemented by management.

My approach to accountability involves regular updates to the Executive Committee and Council regarding audit outcomes and policy recommendations, such as the rotation of auditing firms. I will contribute to IASP's governance by ensuring that financial practices are not only compliant with accounting rules but also ethically aligned with the association's strategic goals for risk mitigation.

Engagement with the Global Pain Community: As Secretary, you hold a key position within IASP, facilitating communication and collaboration among stakeholders. Pain management is a global issue affecting diverse populations. How do you plan to engage with and represent the interests of the global pain community, ensuring inclusivity and diversity in IASP initiatives and policies?

Global engagement is central to my work. I have established robust international partnerships in the USA, UK, multiple countries across Europe, Australia, and China, conducting research that addresses the unique needs of diverse populations. I am deeply committed to inclusivity, as seen in my research on the lived experiences of racially minoritized youth with disabilities and my participation in the IASP African Pain Camp in Kenya.

As Secretary, I plan to represent the global community by amplifying under-represented voices through my role as co-chair of the Global Alliance of Partners for Pain Advocacy (GAPPA). I will advocate for policies that ensure diversity in committee appointments and congress programming, drawing on my experience as a judge for the IASP financial aid task force for low-and-middle-income countries.

To ensure inclusivity, I will foster communication with IASP's global chapters to identify and address regional barriers to pain care. My vision is for IASP initiatives to reflect the intersectional realities of pain management across different cultures and resource settings. By facilitating collaboration between the Secretariat and global interest holders, I will work to ensure that IASP's policies are equitable and that our association remains a welcoming home for all pain professionals and advocates, regardless of geography.

Is there anything else you'd like to share about yourself or your vision for IASP?

I envision IASP as an even more connected global hub that leads the way in digital innovation, knowledge exchange, and equitable pain care. I want to leverage my background in digital therapeutics and large-scale implementation to help IASP reach clinicians, researchers, and people living with pain in underserved and low-resource settings around the world.

A key priority for me is strengthening the integration of people with lived experience as true partners throughout IASP's activities and governance, ensuring that our research, education, advocacy, and policy efforts remain grounded in real-world impact. I am also passionate about accelerating the translation of scientific discovery into meaningful improvements in pain management through innovative technologies, implementation science, and global collaboration and training next generation of pediatric pain researchers.

This vision aligns closely with the 2026–2030 IASP Strategic and Operational Plan, particularly its goals of serving as the essential global voice for pain, driving impactful and trustworthy research, catalyzing knowledge exchange among professionals, and fostering partnerships across disciplines and regions. As Secretary, I would bring a strong commitment to transparent governance, effective communication, and organizational accountability, helping ensure that IASP's strategic priorities are translated into coordinated action and measurable impact.

In sum, I view the Secretary role as an opportunity to contribute directly to the strategic leadership of IASP while continuing a long-term commitment to service within the organization. I would welcome the opportunity to help shape IASP's future, strengthen global engagement, and continue growing as a leader in support of its mission to improve pain management across the lifespan around the world.

IASP Involvement

- 1996 – Member, IASP
- 2016 – 2018 Member, Scientific Program Committee, World Congress on Pain (Boston, USA, September 12-16, 2018), IASP
- 2018 – 2026 Member, Presidential Task Force on the Global Alliance of Pain Patient Advocates, IASP
- 2020 Member, Scientific Program Committee, World Congress on Pain (Amsterdam, The Netherlands, August 4-8, 2020), IASP
- 2020 Member, COVID Task Force, IASP
- 2020 – 2026 Scientific Councilor, IASP
- 2021 Member, Presidential Task Force on COVID-19 and Pain, IASP
- 2022 Member, Local Arrangements Committee Toronto, World Congress on Pain (Toronto, Canada, September 19-23, 2022), IASP
- 2022 – Member, Committee on Committees (CoC), IASP
- 2023 – Member, Pain in Childhood, Special Interest Groups (SIGs), IASP
- 2024 – Member, Pain Registries, Special Interest Groups (SIGs), IASP
- 2025 – 2027 Co-Chair, Global Alliance of Partners for Pain Advocacy (GAPPA) Management Committee
- 2026 Member, Financial Aid Task Force, Low- and Middle-Income Countries Project: Improving Pain Education, IASP

ABBREVIATED CURRICULUM VITAE

Dr. Jennifer N. Stinson

EDUCATION/TRAINING

- 2007 – 2009 Post-doctoral Fellowship, IWK Health Science Centre/University of Toronto, Halifax/Ontario, Canada
2000 – 2006 Doctoral Program, Lawrence S. Bloomberg Faculty of Nursing, University of Toronto, Ontario, Canada
1997 – 1998 Post-Master's Pediatric Nurse Practitioner Program, The State University of New York, New York, United States of America
1989 – 1992 Master of Science in Nursing, University of Toronto, Ontario, Canada
1984 – 1988 Bachelor of Science in Nursing, University of Western Ontario, Ontario, Canada

PROFESSIONAL EXPERIENCE

- 1998 – Nurse Practitioner, Chronic Pain Program, Department of Anesthesia & Pain Medicine, The Hospital for Sick Children
2009 – Scientist, Child Health Evaluative Sciences, The Hospital for Sick Children
2014 – Mary Jo Haddad Nursing Chair in Child Health, The Hospital for Sick Children
2017 – Professor, Lawrence Bloomberg Faculty of Nursing, University of Toronto

IASP, ISPP, CPS AFFILIATIONS AND COMMITTEES

- 2026 Member, Financial Aid Task Force, Low- and Middle-Income Countries Project: Initiative Improving Pain Education, IASP
2025 – 2027 Co-Chair, Global Alliance of Partners for Pain Advocacy (GAPPA) Management Committee
2025 Poster Award Judge, Annual Scientific Meeting (Toronto, Canada, May 1-4, 2025), CPS
2024 – 2025 Member, Local Organizing Committee, Annual Scientific Meeting (Toronto, Canada, May 1-4, 2025), CPS
2024 – Member, Pain Registries, Special Interest Groups (SIGs), IASP
2023 – Member, Pain in Childhood, Special Interest Groups (SIGs), IASP
2022 – Member, Committee on Committees (CoC), IASP
2022 Member, Local Arrangements Committee Toronto, World Congress on Pain (Toronto, Canada, September 19-23, 2022), IASP
2021 Member, Presidential Task Force on COVID-19 and Pain, IASP
2020 – 2026 Scientific Councilor, IASP
2020 Member, COVID Task Force, IASP
2020 Member, Scientific Program Committee, World Congress on Pain (Amsterdam, The Netherlands, August 4-8, 2020), IASP
2018 – 2026 Member, Presidential Task Force on the Global Alliance of Pain Patient Advocates, IASP
2017 Member, Nomination Committee, CPS
2016 – 2018 Member, Scientific Program Committee, World Congress on Pain (Boston, USA, September 12-16, 2018), IASP
2010 – 2013 Co-Chair, Conference (Stockholm, Sweden, June 17-20, 2013, ISPP
2010 Member, Media Advisory Committee, CPS
2013 Co-Chair, Annual Scientific Meeting (Winnipeg, Canada, 2013), CPS
2012 Co-Chair, Annual Scientific Meeting (Whistler, Canada, May 23-26, 2012), CPS
2011 Co-Chair, Annual Scientific Meeting (Niagara Falls, Canada, April 13-16, 2011), CPS
2010 Co-Chair, Annual Scientific Meeting (Calgary, Canada, May 12-15, 2010), CPS
2010 Reviewer, Small Grant Awards, CPS
2009 – 2011 Co-Chair, Joint Pain Meeting of the British Pain Society and Canadian Pain Society, June 2011, CPS
2009 Member, Chronic Pain Service Delivery Task Force, CPS
2006 Member, Task Force on Waiting Times for Treatment of Pain, CPS
2005 – 2012 Reviewer, Trainee Research Awards, CPS
2005 – 2009 Secretary, CPS
2005 Member, Scientific Review Committee, CPS
2005 – 2006 Member, Pain Accreditation Manual, CPS
2003 – 2005 Newsletter Editor, CPS

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Dr. Jennifer N. Stinson

2003	Member, Executive, CPS
2002	Member, Committee for the development of practice guidelines for assessment and management of pain in children, CPS
2001 – 2003	Chair, Local Arrangements Committee, Annual Scientific Meeting (Toronto, Canada, May 22, 2003), CPS
1999 –	Member, (Nursing Issues, Neuropathic Pain, and Education SIGs, Co-chair Patient Resource Centre Working Group, Annual Scientific Program Committee), CPS
1996 –	Member, IASP

AWARDS

2026	Canadian Pain Society (CPS), Distinguished Career Award.
2025	Gairdner Foundation, Peter Gilgan Canada Gairdner Momentum Award, \$100,000.
2025	Canadian Academy of Nursing, 2025 Class of Fellows of the Canadian Academy of Nursing, Fellow.
2025	Canadian Nurses Association (CNA), Order of Merit Award in the Category of Nurse Practitioner.
2025	Canadian Pain Society (CPS), Outstanding Pain Mentorship Award.
2025	Sigma Theta Tau International Honor Society of Nursing (Sigma), International Nurse Researcher Hall of Fame Award.
2024	Canadian Academy of Health Sciences (CAHS), Fellow.
2024	University of Western Ontario, School of Nursing, Nursing Alumni of Distinction Award.
2024	Canadian Institutes of Health Research (CIHR), Barer-Flood Senior Career Prize in Health Services and Policy Research (Highest-ranked), Fall 2023 Project Grant competition (“Empowering youth with sickle cell pain: National clinical implementation of an effective mHealth innovation”), \$25,000.
2015	IASP, Special Interest Group on Pain in Childhood, Early Career Award.
2012 – 2012	Canadian Pain Society (CPS), The Early Career Award.
2011 – 2012	The MayDay Fund, Mayday Pain & Society Fellowship, Media and Communications Training.
2010	Canadian Pain Society (CPS), Nursing Excellence in Pain Management Award, \$1,000.
2009 – 2011	Ministry of Health & Long-Term Care, Career Scientist Award, \$350,000.
2009	Canadian Pain Society (CPS), Interprofessional Nursing Project Award, \$2,000.
2009	Canadian Pain Society (CPS), Interprofessional Project Award – Nursing Research, \$3,000.
2006	Canadian Pain Society (CPS), Nursing Research Award, \$500.

SIGNIFICANT CONTRIBUTIONS

Dr. Jennifer Stinson’s work has been highly influential in research and dissemination efforts highlighting the translation of evidence and strategies to better assess and manage children’s pain. Her selected contributions below highlight her most impactful dissemination and implementation activities within the field of pediatric pain.

1. Developed “*Power Over Pain (PoP) Portal*” for youth with chronic pain (CP), part of a larger research program led by Drs. Stinson, Noel, and Birnie. In response to the COVID-19 pandemic in 2020, a virtual stepped care solution for youth with CP (PoP Portal) was developed following a user-centred design framework (funder: CIHR). To date, portal development and usability testing is completed (Killackey et al., Children, 2022; Birnie et al., Pain, 2021) with input from our diverse CP Youth Advisory Committee. The portal is publicly available in English and French at: <https://popyouth.ca>. Data analysis is underway for two implementation-effectiveness trials funded by CIHR. The first trial evaluated the portal among youth aged 12-18 years with CP in community settings (n=101), while the second trial targeted youth on the waitlist for tertiary CP care (n=93). Preliminary findings indicate significant improvements in pain intensity, pain interference, and depressive symptoms compared with usual care.

2. Developed the “iCanCope” pain self-management platform for youth (aged 12-25 years) with persistent pain. This web- & smartphone-based program features daily symptom trackers, SMART goal setting, pain coping toolbox, & peer-based social support. I have successfully obtained funding to develop & evaluate versions of iCanCope for chronic pain (CIHR), arthritis (The Arthritis Society), sickle cell disease (NIH), post-operative pain (CIHR, MayDay Fund, Ireland Health Research Board), and neurofibromatosis (Congressional Directed Medical Research Program Award). This project is a collaboration with the Centre for Digital Therapeutics at the University Health Network. A national implementation trial, funded by CIHR, is currently underway at pediatric sickle cell clinics across Canada,

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3. Developed the “iPeer2Peer Program” for youth with chronic disease. This Skype-based peer-mentorship program provides modeling and reinforcement by young adults who have learned to function successfully with their chronic conditions (mentors) to adolescents with the same chronic condition (mentees). Mentors are matched with mentees & chat via Skype over 5-12 weeks. Pilot work demonstrates that iPeer2Peer is feasible, acceptable & effective in improving self-management skills in youth with arthritis. This program is currently licensed to several non-profit groups (i.e. The Arthritis Foundation in the US, Arthritis Ireland in Ireland, and Arthritis & Osteoporosis WA in Australia) and underwent a pilot RCT in adolescents with sickle cell disease (funder: Pfizer) and a full-scale RCT in adolescents with juvenile idiopathic arthritis (funder: The Arthritis Society).
4. Developed “Teens Taking Charge: Managing Arthritis Online” web-based self-management & transitional care program for youth with arthritis. This 12-week internet-based multi-component program consists of self-management strategies, information & social support. Qualitative research methods and 2 large-scale multi-centred RCTs were conducted in Canada (Eng/Fr) and in U.S (Eng/Sp) (funded by CIHR & NIAMS). Website is freely available online (teens.aboutkidshealth.ca/jia) and was used to develop and evaluate online disease management programs for other chronic health conditions (i.e., cancer, hemophilia).
5. Developed & validated the first real-time data capture multidimensional electronic (PDA based) pain diary for adolescents with arthritis (e-Ouch). Usability, feasibility & construct validity (including ability to detect change) were determined in three studies. Building upon this electronic diary, my team recently developed (Stinson et al., JMIR, 2013) & validated (Stinson et al., Pain, 2015) the first smartphone-based pain diary for children 8-18 years with Cancer called Pain Squad.

SELECTED PUBLICATIONS (14 out of 413, h-index: 82)

1. Nishat F...**Stinson JN**. Decoding pain and mental health patterns in youth with chronic pain during COVID-19. *Frontiers in Pain Research*, 2026, 7:1760356.
2. Killackey T...**Stinson JN**. Exploring the perioperative experiences of youth undergoing cardiac surgery: A qualitative needs assessment for tailoring a mobile self-management app. *Journal of Clinical and Translational Science*, 10:e85:1-9.
3. Ibitoye BM... **Stinson JN**. Non-Pharmacological Interventions for Managing Sickle Cell Crisis Pain: A Qualitative Study on Adolescents' and Caregivers' Experiences. *The Journal of Pain*, 2026, 43:106201.
4. Mesaroli G...**Stinson JN**. Item Reduction and Scoring of the Pediatric PainSCAN©: A Screening Tool for Pediatric Neuropathic Pain and Complex Regional Pain Syndrome. *Clinical Journal of Pain*, 2026, 42(2):e1339.
5. Ibitoye BM...**Stinson JN**. You Only Work with What You Know: Healthcare providers' experiences using non-pharmacological interventions in managing sickle cell crisis pain in adolescents. *The Journal of Pain*, 2025, 37:105551.
6. Mesaroli G...**Stinson JN**. Prevalence and characteristics of neuropathic pain in adolescent survivors of childhood cancer. *Journal of Cancer Survivorship*, 2025.
7. Ibitoye BM...**Stinson JN**. Adolescents' perspectives on non-pharmacological pain interventions for sickle cell crisis management: a population-based survey in Nigeria. *PLOS ONE*, 2025, 20(8):e0330127.
8. Pope N...**Stinson JN**. Balancing Care and Sacrifice: Lived Experiences and Support Needs of Primary Caregivers in Pediatric Chronic Pain Across Canada and Australia. *Children*, 2025, 12(7):911.
9. Hess CW...**Stinson JN**. Extended Reality (XR) in Pediatric Acute and Chronic Pain: Systematic Review and Evidence Gap Map. *JMIR Pediatrics and Parenting*, 2025, 8: e63854.
10. Hess CW...**Stinson JN**. Developing a Core Outcome Set for Pediatric and Adult Acute and Chronic Pain Extended Reality Trials: Delphi Consensus-Building Process. *Journal of Medical Internet Research*, 2025, 27:e58947.
11. De Morgan S...**Stinson JN**. Leveraging technologies to upskill primary care providers in person-centred pain care. *PAIN*, 2025, 166(11S):S37-S41.
12. Mesaroli G...**Stinson JN**. Reliability and validity of the Pediatric PainSCAN: a screening tool for pediatric neuropathic pain and complex regional pain syndrome. *PAIN*, 2025, 166(12):e680-688.
13. Kelenc L...**Stinson JN**. A pilot randomized controlled trial of the iPeer2Peer program in adolescents with sickle cell disease: A mixed method study. *Journal of Clinical and Translational Science*, 2025, 9(1):e18.
14. Palermo TM...**Stinson JN**. Moderators of Digital Cognitive-Behavioral Therapy for Youth with Sickle Cell Disease Pain: Secondary Analysis of a Randomized Controlled Trial. *PAIN*, 2025, 166(9):e233-e243.