

**CANDIDATE PROFILE****Carla Leal Pereira, Brazil**

Anesthesiologist and Pain Specialist, Basic Researcher, Educator, Clinician, and Specialist in minimally Invasive Surgery

Please provide a brief description of your work and interest in the pain field.

I am a board-certified anesthesiologist and pain medicine specialist with more than 20 years of experience caring for people living with acute and chronic pain in both public and private healthcare settings in São Paulo, Brazil. I have worked to improve access to evidence-based pain management while promoting multidisciplinary and patient-centered care.

My professional activities combine clinical practice, education, research, and organizational leadership. I currently lead pain services in hospital and outpatient settings, serve as a technical assistant in an anesthesiology residency program, and teach in postgraduate pain medicine programs. I have also contributed to scientific publications, clinical guidelines, and educational initiatives focused on pain management, including neuropathic pain, postoperative pain, palliative care, and the emerging role of cannabinoids in pain treatment.

I am an active member of the International Association for the Study of Pain (IASP) since 2007 and have been involved in regional pain initiatives through the Brazilian Society for the Study of Pain (SBED) and the Latin American Federation of Associations for the Study of Pain (FEDELAT), where I currently serve as Secretary General. These roles have allowed me to support collaboration among pain professionals, strengthen educational opportunities, and promote the exchange of knowledge across Latin America.

My interest is advancing pain education, improving access to quality pain care, and fostering international collaboration to reduce the burden of pain worldwide. I am fluent in Portuguese and Spanish and have working proficiency in English, which enables me to contribute effectively to regional and international initiatives in pain medicine.

Please provide a brief statement of why you are interested in running for Councilor—why would someone want to vote for you?

I am running for Councilor because I believe we can strengthen the connection between IASP, FEDELAT, and the pain community across Latin America. Many healthcare professionals in Brazil and throughout the region are still unfamiliar with the opportunities, resources, and global collaborations that IASP provides. Through my work with SBED, FEDELAT, and pain education initiatives, I have focused on building bridges, expanding engagement, and increasing visibility for pain research and education. I would be honored to help bring more Latin American voices into IASP and strengthen collaboration across our region and beyond.

Collaborative Leadership and Teamwork: Collaboration is key to the success of IASP's initiatives and programs. Can you share examples of your experience working collaboratively within diverse teams or committees to achieve common goals? How do you plan to foster collaboration among Council members and committees to drive impactful outcomes?

Throughout my professional and organizational activities, collaboration has been one of my core strengths. Since joining FEDELAT, I have consistently promoted teamwork, focusing on collective achievements rather than personal recognition.

As Secretary General of FEDELAT, I have collaborated closely with members of the Executive Board, contributing beyond my formal responsibilities. I have assisted the Scientific Director with activities related to RELAD, supported the President and Vice President in educational and postgraduate initiatives, and contributed to projects aimed at strengthening pain education throughout Latin America.

Through my long-standing involvement with SBED committees and working groups, I have developed strong skills in multidisciplinary collaboration, consensus-building, and educational initiatives.

One of my most important efforts has been strengthening the relationship between FEDELAT and SBED, the Brazilian Chapter of IASP. When I became involved, many Brazilian pain professionals were unaware of FEDELAT's role in the region. Through communication and joint initiatives, I have worked to increase awareness, engagement, and collaboration between both organizations.

A recent example is the development of the Pain Camp Brazil initiative. Together with a committee of three physicians experienced in pain medicine, we are organizing a Pain Camp in São Paulo for 2027. This project brings together FEDELAT, SBED, and academic institutions, demonstrating how collaborative leadership can create meaningful educational opportunities and strengthen regional engagement.

If elected to the IASP Council, I will promote open communication, active participation, and collaboration among Council members, committees, chapters, and federations, helping transform shared ideas into impactful actions for the global pain community.

Experience in Financial Oversight and Governance: The Council plays a crucial role in overseeing the financial management and governance of IASP. Can you describe your experience in financial oversight and governance, particularly in reviewing budgets, financial reports, and implementing financial policies? How will you contribute to ensuring the fiscal health and accountability of the association?

My experience in financial oversight and governance comes primarily from my service on the Fiscal Council of the Brazilian Society for the Study of Pain (SBED). In this role, I work alongside two other elected council members, serving as part of an independent body responsible for reviewing the society's financial management and ensuring accountability to its membership.

We review financial reports and expenditures to ensure transparency, accountability, and responsible resource management. This process requires careful analysis, transparency, and a commitment to ensuring that resources are managed responsibly and in accordance with the organization's mission and bylaws.

In addition to my work with SBED, my leadership roles within FEDELAT have strengthened my understanding of governance, strategic planning, and financial sustainability. As Secretary General, I have been involved in efforts to improve administrative and financial processes, including the regularization of financial accounts and institutional assets located in different countries. Our goal is to create transparent, accessible, and sustainable financial structures that facilitate smooth leadership transitions and support future generations of leaders.

These experiences have reinforced my belief that effective governance depends on clear reporting, strong internal controls, ethical decision-making, and accountability to members.

If elected to the IASP Council, I would contribute by supporting transparent financial oversight, encouraging responsible stewardship of resources, and helping ensure that investments align with the association's strategic priorities. I believe that maintaining fiscal health is essential for sustaining IASP's educational, scientific, and global outreach activities while continuing to provide value to its members and chapters worldwide.

Global Engagement and Representation: Pain is a universal experience, and IASP's reach extends across diverse regions and communities worldwide. As a Councilor, how do you plan to engage with and represent the interests of the global pain community as a Councilor, ensuring inclusivity, diversity, and responsiveness to the needs of various stakeholders?

As a Councilor, I would work to ensure that IASP continues to be a truly global organization where all regions, cultures, and professional perspectives feel represented and heard. While pain is a universal experience, access to education, research opportunities, advocacy, and clinical resources varies considerably across different parts of the world. For this reason, I believe it is essential to actively engage with chapters and regional organizations, particularly in areas where members may face challenges in having their voices and priorities recognized within the broader international community.

Through my work with FEDELAT and SBED, I have gained firsthand experience with the needs and opportunities that exist across Latin America. I would use this experience to strengthen communication between IASP and its

chapters, encourage greater participation from underrepresented regions, and help identify initiatives that support local development while remaining aligned with IASP's global mission.

I am also committed to promoting diversity and inclusion by ensuring that professionals from different disciplines, career stages, and cultural backgrounds have meaningful opportunities to contribute to IASP activities and leadership.

A specific priority for me is supporting the realization of the Brazil Pain Camp in 2027. This initiative would create an important opportunity to bring SBED members closer to IASP, strengthen engagement among early-career professionals, and expand awareness of the benefits and opportunities available through the global pain community.

By listening, collaborating, and building bridges across regions, I hope to contribute to a more connected, inclusive, and representative IASP.

IASP Involvement

- Active member of the International Association for the Study of Pain (IASP) since 2007.
- FEDELAT Board Member (2021–2024).
- Secretary General, FEDELAT (2025–present).
- Participation in regional pain education and collaboration initiatives through FEDELAT and Latin American pain organizations aligned with IASP goals.
- Promotion of pain education, chapter engagement, and international collaboration between Latin American pain societies and IASP.

Carla Leal Pereira, MD – Curriculum Vitae for Councilor Position

Professional Summary

Board-certified Anesthesiologist and Pain Medicine Specialist with more than 20 years of experience caring for patients with acute and chronic pain in São Paulo through hospitals, public institutions, and private clinics. Extensive experience in clinical leadership, medical education, residency training, scientific publications, and international collaboration in pain medicine across Latin America.

Leadership and Professional Experience in Pain Medicine

- Head of Pain Service, Hospital São Luiz – Rede D'Or (2010–present).
- Head of Pain Service, MedDor Serviços Médicos (2007–present).
- Technical Assistant, Anesthesiology Residency Program, Hospital Ipiranga UGA II (1995–present).
- Technical Assistant, Pain Management Service, Clínica São José Ortopedia e Dor (2021–present).
- Approximately 20 years of direct patient care in pain medicine, serving both public and private healthcare systems in São Paulo.

Education and Training

- Specialist in Anesthesiology – Brazilian Society of Anesthesiology (1997).
- Pain Medicine Certification – SBED/AMB (2009).
- Fellowship in Clinical and Interventional Pain Medicine and Movement Disorders, Central da Dor e Estereotaxia.
- Fellowship in Pain Clinic and Patient-Controlled Analgesia (PCA), Hospital das Clínicas, University of São Paulo (2006–2007).
- Fellowship in Minimally Invasive Surgery, St George's University of London / WIPP (2012).

Selected Contributions and Significant Work in Pain Medicine

- Co-author, SBED Pain Treatment Guidelines – Sympathectomy for Pain Relief (2016).
- Author, Chemotherapy-Induced Neuropathies, SBED Pain Treatment (2021).
- Author, Opioid Analgesics Overview, SBED Analgesic Pharmacotherapy (2024).
- Author, Cannabinoids for Pain Relief, SBED Analgesic Pharmacotherapy (2024).
- Contributor to the Latin American Expert Consensus: Pain as a Disease in ICD-11 (FEDELAT, 2024).
- Publications on endometriosis-related pain and chronic low back pain in RELAD.
- Coordinator of educational programs on Cannabis, Cannabidiol, THC, Palliative Care, and Pain Medicine.

Academic and Educational Leadership

- International lecturer at Latin American pain congresses and Roma Pain Days.
- Professor in postgraduate programs in Pain Medicine and related educational initiatives.
- Chief Editor of two special journal editions dedicated to Cannabis and Cannabinoids in Pain Medicine (SBED, 2022–2023).

Professional Societies and Leadership Positions

- Brazilian Society of Anesthesiology (SBA) – Effective Member since 1997.
- Brazilian Society for the Study of Pain (SBED) – Effective Member since 2006.
- International Association for the Study of Pain (IASP) – Member since 2007.
- SBED Pain Committee Member (2019–present).
- SBED Fiscal Council Member (2019–present).
- FEDELAT Board Member (2021–2024).
- Secretary General, FEDELAT (2025–present).
- Assistant Editor, RELAD (2023–present).

IASP Activities

Current and previous IASP-related activities documented in the curriculum include:

- Active member of the International Association for the Study of Pain (IASP) since 2007.
- Participation in regional pain education and collaboration initiatives through FEDELAT and Latin American pain organizations aligned with IASP goals.
- Promotion of pain education, chapter engagement, and international collaboration between Latin American pain societies and IASP.

No formal participation in IASP committees, task forces, SIG leadership groups, or working groups was identified in the curriculum materials provided. Additional IASP leadership activities can be added if applicable.

Councilor Qualifications

Dr. Carla Leal Pereira combines extensive clinical experience, academic leadership, international educational activity, organizational governance, and advocacy for pain medicine throughout Latin America. Her experience spans patient care, residency education, scientific publication, multidisciplinary collaboration, and leadership within major regional pain organizations, providing a strong foundation for service as a Councilor.