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Pain Community
Working Together for Pain Relief Throughout the World

WELCOME LETTER FROM THE PRESIDENT

As the new IASP President, I would like to introduce myself to our membership.

I have spent my career as a pain researcher in academia and government. The mission of my research program is to understand the brain's role in perceiving, modifying, and managing pain, with a special emphasis on mind/body modalities of pain control.



My research includes clinical studies of non-pharmacological analgesic treatments in chronic pain patients and rodent studies addressing how environmental factors affect pain processing. Beyond my own research, I have served the pain community as President of the Canadian Pain Society (2011-2012), Councilor of the Society for Neuroscience (2012-2016), Director of McGill University Alan Edwards Centre for Research on Pain (2003-2009), Scientific Director of the National Center for Complementary and Integrative Medicine at NIH (2012-2021) and multiple IASP positions.

At IASP, I have had the pleasure of serving in a number of roles across several decades. I was a Councilor (1996-2002), Editor-in-Chief of IASP Press (2003-2010), Treasurer (2010-2012), Section Editor of *PAIN* (2000-2003), and on the *PAIN* Editorial Board (2008-2018). In 2014, I had the honor of being awarded the [John J. Bonica Prize for Distinguished Lifetime Achievement in the Basic Science of Pain](#).

My first act as President is to choose a [Global Year](#) theme for 2023. Given the global opioid crisis, I feel it is time to highlight the many non-opioid analgesic treatments and how they can be used together to help the millions of people suffering from chronic pain around the world. Therefore, 2023 will be the Global Year for Integrative Pain Care,

whose task force will be led by Petra Schweinhardt and Kathleen Sluka to generate fact sheets and webinars available to everyone.

Under my presidency, IASP will continue adapting to the challenging times we find ourselves in and reflect the new normal in information transfer, communication, and publication. As such, the IASP team will focus on growing and diversifying membership, promoting partnerships to advance pain science and management, advocate for pain research and management on global and regional levels, disseminate knowledge about pain research and management to the world, all while maintaining financial sustainability to support our mission and vision. This will be no easy task, but the IASP team is ready to face the challenge.

The [World Congress](#) in Toronto, with its outstanding program, was a wonderful kickoff to my term. It was great to see the enthusiasm and joy of participants, particularly the record number of trainees, as they had their first opportunity to interact face-to-face with other scientists and clinicians.

I'd like to thank the IASP membership for your dedication and service to IASP and ask you to reach out to me or to the IASP staff if you have questions or concerns or would like to volunteer for an active role in the society.

Sincerely,



M. Catherine Bushnell, PhD



WORLD CONGRESS UPDATE

World Congress Recap

The 2022 World Congress, the premier global multidisciplinary meeting on pain, was our first in-person meeting since 2018 and an overwhelming success.

The [2022 World Congress](#):

- Brought together nearly 4,000 scientists, clinicians, and healthcare providers, in person and virtually



- Included 1,500 first-time attendees and more than 800 early career attendees from 87 countries
- The official hashtag, #IASP2022, was used 5,601 times and reached more than 23.4 million people
- Mobile App brought together more than 2,200 virtual and in-person attendees on our first hybrid meeting platform
- Episodes of IASP TV were viewed more than 5,000 times
- Included 70 exhibitors and supporters

This year's World Congress also kicked off the 50th Anniversary celebration, which will culminate at the 20th World Congress in Amsterdam, 5 – 9 August 2024.



Continue your World Congress Experience

[Watch IASP TV](#): featuring daily episodes, including interviews with attendees, conversations with leadership, and highlights from key sessions and events.



- [Episode 1](#): Includes an interview with IASP Past President, Claudia Sommer, talking about what it was like navigating IASP through two years of a pandemic.
- [Episode 2](#): Includes interviews with the John J. Bonica award winner, Rolf Treede; IASP President, Catherine Bushnell; and Kirsty Bannister, the recipient of the Patrick D. Wall award.
- [Episode 3](#): Includes interviews with the John D. Loeser Award recipient Michael Nicholas and Jolitta Belton on how she has turned her experience with chronic pain into advocacy by working with GAPPA.
- [Episode 4](#): Includes interviews with former IASP President Lars Nielsen about what it was like to preside during a pandemic and Frank Keefe, Editor-in-Chief of *PAIN*, about the key basic and applied pain science topics we are seeing now and what we are likely to see in the future.



Access World Congress Recorded Sessions

If you attended World Congress in Toronto, session recordings can be found in the [Live Streamed](#) section of World Congress Connect. World Congress attendees can continue to access and view posters and connect with other attendees. Recorded sessions will be uploaded to [PERC](#) for all members to access in early 2023.



IASP UPDATE

IASP Launches a New Topic Page Section on the Website

IASP is producing tools and resources related to specific topics of concern using key insights from multidisciplinary experts.

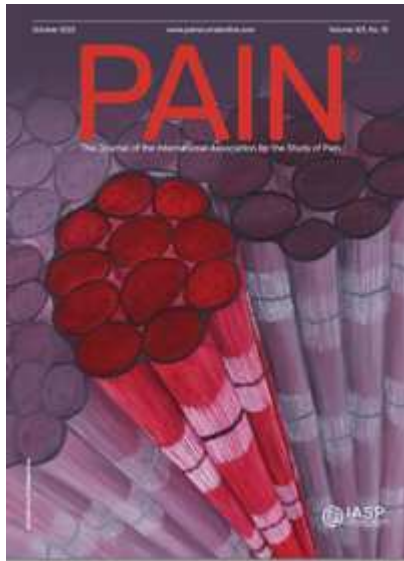
Current [Topic Pages](#) include:

- [Acute Pain](#): IASP explores acute pain and its symptoms, causes, treatment, and resources to help live with it.
- [Back and Neck Pain](#): IASP discusses the symptoms and treatment options as well as resources for living with back and neck pain and provides related research and publications.
- [Basic Science and Pain Models](#): IASP helps to bridge the gap between basic research and patient care with the ultimate goal of reducing the suffering that often accompanies pain.
- [COVID-19 and Pain](#): IASP provides information on COVID-19 and how it directly affects pain.





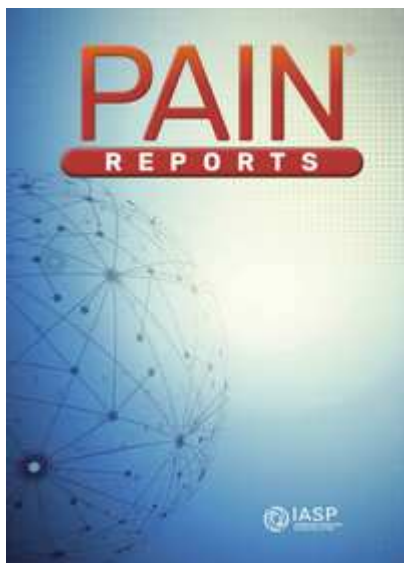
JOURNALS



October 2022 issue of *PAIN* is Now Available

The October 2022 [issue](#) of *PAIN* includes six Editor's Choice articles, six Global Year 2022 articles, and a topical review that discusses socioeconomic position and pain.

- [Socioeconomic position and pain: a topical review](#)
- [The impact of the COVID-19 pandemic on pain and psychological functioning in young adults with chronic pain](#)
- [Resistance training protects against muscle pain through activation of androgen receptors in male and female mice](#)



PAIN Reports, Volume 7, Issue 5 Now Available

This [issue](#) features an article about combined associations of depressive symptoms and sleep disturbance, as well as an article on dropped head syndrome.

- [Independent and combined associations of depressive symptoms and sleep disturbance with chronic pain in community-dwelling older adults](#)
- [Dropped head syndrome: report of a rare complication after multilevel bilateral cervical radiofrequency neurotomy](#)



MEMBERSHIP

Member Spotlight

October's Member Spotlight highlights Kevin Foxman Boehnke, PhD, Research Investigator, Anesthesiology Department, Chronic Pain and Fatigue Research Center at the University of Michigan. Dr. Boehnke became a member once advised by his mentor, Dr. Daniel Clauw, and his mentorship team, as they informed him that the World Congress on Pain was a great conference to learn about pain. [Learn about Dr. Kevin Foxman Boehnke's work in his IASP interview.](#)



PAIN RESEARCH FORUM



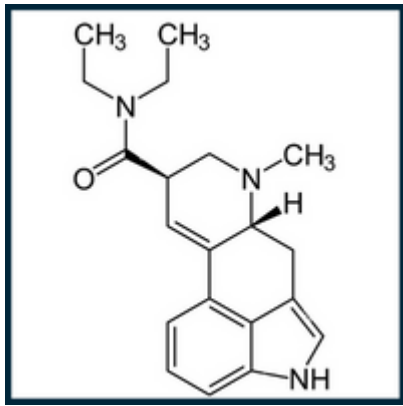
Central Sensitization and the Curse of Ambiguous Terminology: An Opinion

Precise terminology matters in scientific research. It's essential to precisely define research questions and the methods used in a study and to disseminate scientific content without leaving room for misguided interpretations. Learn more about the [curse of ambiguous terminology and central sensitization](#) in a recent article featured in the Pain Research Forum.



Psychedelics: A Notable Absence in Chronic Pain Management?

The chronic pain crisis in North America persists and continues to be exacerbated by the opioid epidemic.



As such, there is a great need for new and efficacious treatments for chronic pain. Following a 60-year hiatus, there is one such potential pain management therapeutic that is prime for investigation: psychedelics. Learn more about the potential role of [psychedelics](#) in pain management by reading the full article featured in the Pain Research Forum.



The IASP PRF Podcast - From the Pipette to the Public: A Podcast with Staja "Star" Booker

PRF spoke with Staja "Star" Booker, PhD, RN, in this episode of the IASP PRF Podcast, reflecting on Pain Awareness Month and how we can increase engagement, awareness, and advocacy regarding chronic pain. Star is an Assistant Professor in the Pain Research and Intervention Center of Excellence (PRICE Center) at the University of Florida, US, and her recent work has contributed to our knowledge of osteoarthritis pain in older African Americans. [Listen to the IASP PRF Podcast to learn more!](#)



SIG UPDATE

Call for Content

IASP invites Special Interest Groups to submit content that will update members about upcoming SIG activities, events, grant opportunities, networking, and more. For more information and to submit content, please email [Akilah Hill](#).



MARK YOUR CALENDAR



- **International Congress on Neuropathic Pain, Lisbon Portugal**
7-10 September 2023
- **International Symposium on Pediatric Pain, Halifax, Canada**
1-5 October 2023
- **20th World Congress on Pain, Amsterdam, Netherlands**
5-9 August 2024



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