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# Pain Community

Working Together for Pain Relief Throughout the World

## PRESIDENT'S UPDATE

Everybody at the IASP office is busy with the final preparations for [World Congress](#) and we are looking forward to seeing many of you there, be it [in-person](#) or [virtually](#).

As the World Congress approaches, I have been reflecting on these last two years that I had the honor and privilege of serving as IASP President. It has been the most important volunteer position in my career, and I am immensely grateful for the opportunity. As the President-Elect in 2018, I had many plans for my term, but COVID-19 impacted all of us in more ways than we could imagine. You may remember my inaugural speech in 2020 when I assumed the Presidency. The world was in a full pandemic and lockdown, and we were suddenly limited to a virtual congress with virtual speeches.



Unlike previous IASP Presidents who traveled the world to visit Chapters and Federations, take part in Pain Camps and Pain Schools, and launch new IASP activities, I was regrettably unable to do these things during my term. Instead, I focused my efforts on adapting IASP to this new COVID-19 world. During my term, IASP found new ways to support our members in areas of need, to those impacted by the pandemic, war, and other adverse circumstances that arose over the last two years. We were successful in bringing virtual programs to our members, finding ways to support members on the ground, and maintaining our community of members dedicated to working together for pain relief throughout the world.

Yet, even with the hardships of the pandemic, some of the projects I had planned since my inauguration have not only launched, but have been extraordinarily impactful:

[The Early Career Task Force:](#)

A group of motivated young scientists and clinicians have come together to give the next generation a stronger voice at IASP.

**[The Presidential Task Force on Interdisciplinary Pain Treatment:](#)**

At my direction, this task force is examining how the recommended multi-component treatment approaches relate to specific pain conditions in ICD 11; among other questions, they are collecting evidence on the effectiveness of subcomponents.

**Global Year Task Forces, [2021](#) and [2022](#):**

Our Global Year about Back Pain in 2021 and this year's Global Year for Translating Pain Knowledge to Practice have had an impact far beyond our organization and helped untold thousands better understand pain.

**[50th Anniversary Task Force:](#)**

This task force of veteran members is extremely active, and while I can't say much here, you will be surprised at the many exciting contributions starting at this year's World Congress on Pain and continuing over the next two years.

**[The IASP Website:](#)**

Under my leadership, the IASP website was updated to a modern, interactive, and user-friendly portal to support all members, no matter where they are in their careers. As IASP proceeds into the future, I look forward to the integration of the Pain Research Forum, a much-loved IASP endeavor.

**[Publications Committee:](#)**

Given the success of IASP's publications, [PAIN](#), [PAIN Reports](#), and the [Pain Research Forum](#), we have inaugurated a publications committee that will start its work soon.

In my last letter to you, I will end by thanking all those who have worked alongside me these past two years for the sake of our mission. Without IASP staff and volunteers, our projects, our ideas, and our visions would never have come to be. And a special thank you to all of you who support IASP and our mission.

I look forward to seeing you all in Toronto, where we will say goodbye to each other and welcome the next chapter in IASP history.

Sincerely,



Claudia Sommer



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**WORLD CONGRESS ON PAIN UPDATE**

## Register to Attend the Virtual Program at World Congress

Time is running out to register to attend the World Congress Virtual Program. The robust virtual offering includes:



- The President's Address
- 14 [Award and Plenary Lectures](#)
- Select [Topical Workshops](#)
- Select [Basic and Clinical Sessions](#)
- 9 [Post-Congress Webinars](#)
- Poster Presentations
- Exhibitors
- Attendee Networking Opportunities

Virtual attendees can gain CME credits for available sessions.

[Register to Attend Virtually](#)



## IASP UPDATE

### September is Pain Awareness Month

Throughout September, IASP is launching a social media campaign around Pain Awareness Month. The campaign shares resources on pain research, management, and treatment while highlighting the work of clinicians and researchers for those living with pain. IASP's #LifeWithPain campaign will feature:

- **Week 1:** *PAIN* and *PAIN* Reports
- **Week 2:** Global Year for Translating Pain Knowledge to Practice
- **Week 3:** World Congress on Pain
- **Week 4:** Pain Research Forum and RELIEF

Follow us on social media:

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- [Instagram](#)
- [LinkedIn](#)
- [Twitter](#)



## Global Alliance of Partners for Pain Advocacy Launches New Website

Check out [GAPPA's new website](#) featuring resources, upcoming projects, and a community board to help facilitate partnerships between people with lived experience of pain, patient advocates, researchers, and clinicians worldwide, to advance the study, understanding, and treatment of pain.




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## MEMBERSHIP



### MEMBER SPOTLIGHT

Learn about [Dr. Manansi Mittinty's](#) experience attending the World Congress in Pain held in Yokohama in 2016 and Boston in 2018. Dr. Mittinty enjoys attending the World Congress to network with experts in the field to develop opportunities to work on projects that help accelerate her pain research career. [Watch her IASP interview.](#)




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## JOURNALS

## The September 2022 Issue of *PAIN* is Now Available.

The September [issue](#) of *PAIN* includes nine Editor's Choice articles, seven Global Year 2022 articles, and a topical review that explores pain management in people with severe mental illness.

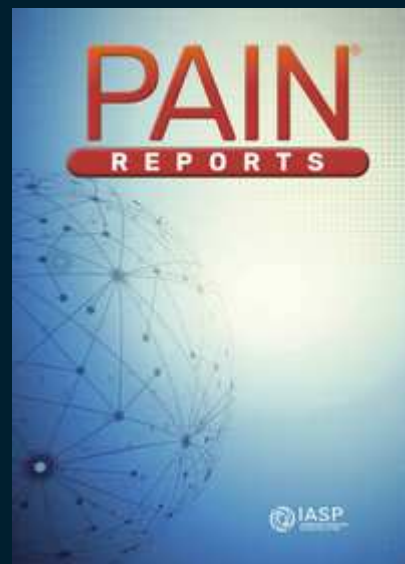
- [Pain management in people with severe mental illness: an agenda for progress.](#)
- [Beyond Black vs. White: racial/ethnic disparities in chronic pain including Hispanic, Asian, Native American, and multiracial US adults.](#)
- [Transition from acute to chronic pain: a misleading concept?](#)



## *PAIN Reports*: Volume 7, Issue 4 Now Available

This [issue](#) features an article about the comparison of pain among Hispanic and Non-Hispanic White youth with chronic pain, as well as an article on the impact of demographic factors on chronic pain among adults in the United States.

- [Comparison of pain and psychosocial correlates among Hispanic and Non-Hispanic White youth with chronic pain.](#)
- [Impact of demographic factors on chronic pain among adults in the United States.](#)



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## PAIN RESEARCH FORUM

[The Pain Beat \(Episode 13\) – Nobel Prize: A Conversation with David Julius and Michael](#)



[Caterina](#)

This episode is the first of a three-part series discussing the 2021 Nobel Prize in Physiology or Medicine – awarded to David Julius, PhD, University of California, San Francisco, USA, and Ardem Patapoutian, PhD Scripps Research, California, USA – for their work on molecules important for somatosensation. In this episode, The Pain Beat spoke with David Julius, PhD and Michael Caterina, MD, PhD, to discuss their discovery of TRPV1. The conversation provides insight into their thought processes and problem-solving efforts, the enduring challenges of scientific discoveries, and the fun they had along the way.



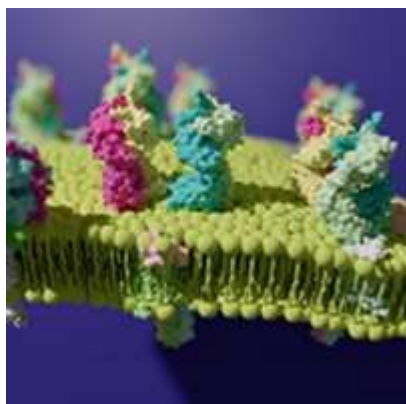
[IASP-PRF Podcast: Effect of Graded Sensorimotor Retraining in Patients with Chronic Low Back Pain](#)



On 2 August 2022, JAMA (the Journal of the American Medical Association) published the article, “Effect of Graded Sensorimotor Retraining on Pain Intensity in Patients with Chronic Low Back Pain: A Randomized Clinical Trial.” This trial, which included 276 participants, sought to estimate the effect of a sensorimotor retraining intervention (RESOLVE) on pain intensity in people with chronic low back pain. In this podcast, several of this study’s researchers speak with PRF contributor Lincoln Tracy, PhD, Monash University, Melbourne, Australia, to discuss the trial’s design and setting, its main findings, and the future research resulting from this work.



[The Last of the “Unplucked” Gems: Targeting Nav1.7 for Chronic Pain](#)



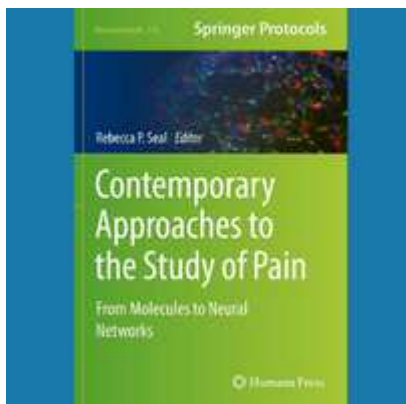
A 2022 North American Pain School session discussed how alternatively targeting Nav1.7, a voltage-gated sodium ion channel, may provide a new avenue for pain relief.





### [Sex Differences in the Contextual Control of Conditioned Pain Tolerance](#)

Recent work suggests context contributes to pain perception when experiencing or anticipating pain, and endogenous opioid systems are involved in a sex-specific manner.



### [Contemporary Approaches to the Study of Pain: From Molecules to Neural Networks](#)

A part of the [Neuromethods](#) series, this book includes cutting-edge methods and protocols, step-by-step details essential for reproducible results, and key notes and implementation advice from experts in the field.



## RELIEF

### [What Do These Medical Procedures Have in Common?](#)

Learn about the commonalities of colonoscopy, cystoscopy, endoscopic ultrasound scan, gastroscopy, and urinary catheter insertion procedure and if these procedures are painful in the RELIEF article by Alice Gregorie.



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